

CURRICULUM –VITAE

Personal Information

Name: TRISHA SARKAR

Designation: ASSISTANT PROFESSOR

Department: DEPT. OF NUTRITION

Institute/College: Mahishadal Girls' College, Mahishadal, Purba Medinipur, West Bengal – 721628

Date of Birth: 23-12-1990

Father's name: Bikash Sarkar

Mother's name: Keka Sarkar

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Educational Qualification:

Name of examination	Year of passing	Name of school/college	Name of board/ University/Dept./Institute	Total Marks Obtained	Percentage of Marks
National Eligibility Test (NET)	Dec.2013, Dec.2014		University Grants Commission, INDIA	Pass	
Masters in Science (M.Sc)	2014	Barrackpore Rastraguru Surendranath College	West Bengal State University	877	73.08
Bachelors in Science (B.Sc Hons)	2012	Barrackpore Rastraguru Surendranath College	West Bengal State University	540	67.5
Higher Secondary	2008	Indira Gandhi Memorial High School	Central Board of Secondary Education (CBSE)	362	60.33
Secondary	2006	St. Stephens School	Indian Certificate of Secondary Examination (ICSE)	428	71.33

Languages Known:

Language	Read	Write	Speak
English	Yes	Yes	Yes
Hindi	Yes	Yes	Yes
Bengali	Yes	Yes	Yes

Teaching Experience:

Institution	Date of Joining	Designation	Teaching General/Hons./P.G/M Phil	Total years of experience
Mahishadal Girls' College	10.04.2017	Assistant Professor	General/Honours	6+ Years

Research Publications and Awards

- Received the Young Faculty Award 2021 by International Benevolent Research Foundation on 5th September 2021

Title of the paper	Name of the author	Title of the journal	National/ International	Year of publication
A Comparative study between nutritional status and dietary intake of the fishermen and office workers inn G-Plot Area of South 24 Parganas, West Bengal.	Trisha Sarkar	EUROPEAN JOURNAL OF PHARMACEUTICAL AND MEDICAL RESEARCH Volume :6 Issue: 10 Pages :432-434 Peer reviewed ISSN: 2394-3211 Impact Factor : 6.222	International	2019
Role of hesperdin, luteolin and coumaric acid in arthritis management: A Review	Trisha Sarkar	International Journal of Physiology, Nutrition and Physical Education Volume :3 Issue :2 Pages :1183-1186 Peer reviewed ISSN : 2456-0057	International	2018

Dietary Assessment of Adolescent Females of Bhagabanpur, Paschim Medinipur	Trisha Sarkar	FOCUS Volume :11 Pages :51-57 Peer reviewed ISSN: 2394-3211		2018
Role of Branched Chain Amino acids (BCAA)in sports and exercise.	Trisha Sarkar	Global Innovation and Research in Education, Sports Science and Yoga Proceedings Peer reviewed Page no 154-160 ISBN: 978-93-87072-17-6		2017

Seminar/ Webinar/ Conference participation

Sl.no	Name of the event	Organized by	Date	State/ National/International
1	Understanding Gender, Society and Inequality in South Asian Context	Department of English, Mahishadal Girls, College	18 th February,2022	International
2	Mitigating the pandemic- A physiological and dietetic approach.	Department of Nutrition, Mahishadal Girls, College	2 nd March, 2022	International
3	Innovation in smart city	Department of Computer Science, Mahishadal Girls, College	25 th February, 2022	International

4	Current trends in Neuroimmune Pharmacology	Midnapore City College	5 th August , 2021	International
5	Neutraceuticals and wound healing	Dept of Food Technology, Mizoram University	23 rd September, 2020	International
6	Nutrition and Diet perspective: COVID 19 Pandemic Scenario	Asansol Girls College	6 th June 2020	National
7	Diet, Immunity and Stress Management in vulnerable groups under present scenario	Department of Nutrition, PK college in collaboration with Dept of Nutrition =, Mahishadal Girls' College	17 th August 2020	International
8	Intellectual Property Rights: Concept and Need	Asansol Girls College	16 th June 2020	National
9	IP Awareness / Training Program under National Intellectual Property Awareness Mission	Intellectual Property Office, India	05 th January,2022	National
10	Investor Awareness Program	Mahishadal Girls College in association with Soham Institute of learning and development	25 th February,2022	State
11	Educators Meet-Haldia	WEBEL-Fujisoft Vara Centre of Excellence in Industry 4.0	27 th June 2023	State
12	Three days workshop in "Recent Trends in Computer Science & Information Technology"	Department of B.Voc (Software Development), Mahishadal Girls' College	23 rd - 25 th March, 2018	International
13	Three days workshop on UGC-CPE Funded Workshop on " Healthy Food Habits"	IQAC & Department of Food and Nutrition, Barrackpore Rastraguru	29 th to 31 st January 2019	State

		Surendranath College		
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Paper presentation

Sl. no	Name of the event	Organized by	Date	State/ National/International
1	Ecology, Biodiversity and Health : Application and Strategy Title: Health Parameters to assess obesity	Dept of NSS, Raja N. L Khan Women's College In collaboration with Department of Botany, Ramnagar College & Nehru Yuva Kendra	15 th February, 2020	National
2	Nutritional modification in Therapeutic Diets : New Approaches to change the usual dietary trends in the field of nutrition Title: Importance of lifestyle modification in the management of diabetes mellitus	Department of Nutrition, Haldia Institute of Health Sciences	19 th January, 2018	National
3	Exploring the less explored: The rich legacies of Santhali Literature and Culture Title: Food Consumption and Dietary patterns of tribal communities	Department of English & Equal Opportunity Cell in collaboration with IQAC, Mahishadal Girls' College	17 th October 2023	National
4	Contemporary Issues in Social Development and the role of corporate social responsibility Title: The impact of environmental hygiene on health	Department of Social work(MSW), Mahishadal Girls' College	19.01.2024	International

Performed Assigned Duty:

- **Internal Examiner for B.Sc Honors and General practical examination conducted by Vidyasagar University.**
- **External examiner for B.Sc Honors practical examination conducted by Vidyasagar University.**
- **Paper setter for B.Sc Honors and General practical examination.**
- **Paper setter for B.Sc Honors and General theory examination.**
- **Invigilation duty in University examination for B.Sc, B.A., B.Com, B.Ed**